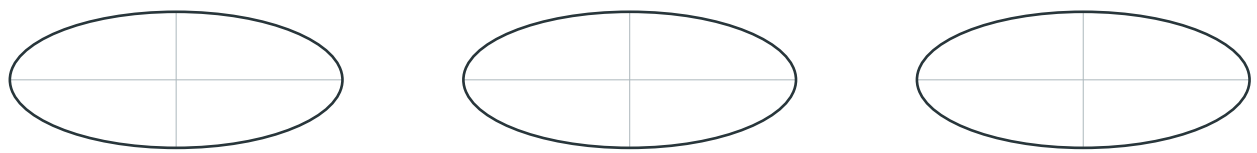
A 10-minute drawing warm-up

An optional routine: shorten, repeat or pause a section as needed. The reference shows geometric targets; assess your own line placement and consistency.

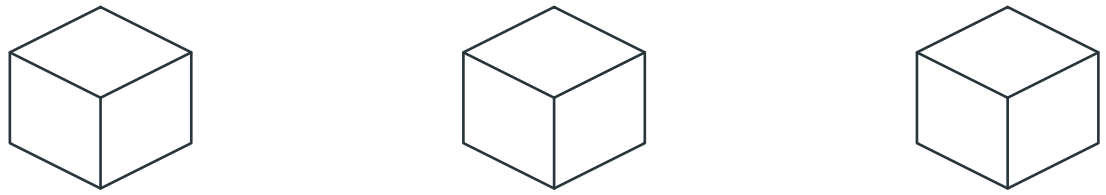
01. Targeted lines / 2 minutes

02. Arcs / 2 minutes

03. Ellipse loops / 3 minutes



04. Simple boxes / 3 minutes



Self-check: endpoint overshoot; curve wobble; ellipse balance; box edge families. Record one observation, not a score or promise of progress.

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Four-week drawing log: 28 undated entries

Use any schedule. Record actual minutes and one observation. The example answer is fictional and illustrates the log format; it is not a target or a result claim.

Day	Date	Minutes	Focus	One observation
1	Example	10	Targeted lines	Some endpoints overshot
2				
3				
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Compare your own notes before and after a session. Leave unused days blank; the four weeks are a recording space, not an improvement deadline.

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