Blue-Tinted Ruled Handwriting Practice: Line Guides for Visual Comfort

Worked example / complete source key

Plan a hypothetical blue-tinted guide set with a top-to-baseline height of 8 mm and a gap of 12 mm between guide sets. Where should the midline sit, and how much room is left below the baseline before the next set begins?

Answer: The midline sits at half the top-to-baseline height, so 4 mm above the baseline. The gap between guide sets is 12 mm, measured from the baseline of one set to the top line of the next. That leaves 12 mm below the baseline for descenders and spacing before the next top line. These are hypothetical inputs; measure your own paper and printer before using them.

Check: Verify that 4 mm is half of 8 mm, and that the 12 mm gap is measured baseline-to-top-line. Confirm the descender space is at least the gap you intended.