Four-Ruled Writing Pages: Guide Lines for Ascenders, X-Height, Baseline, and Descenders

Four-ruled writing practice page



Printable practice page. Hypothetical 12/6/4 mm spacing; measure actual paper and tool first.

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Placement-check count

Count small letters on baseline and reaching midline; count tall letters approaching ascender; count descending tails below baseline.

Check	Count	Total written
Small letters on baseline and reaching midline		
Tall letters approaching ascender line		
Descending tails crossing below baseline		

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Original tasks 1, 2, 3 / blank responses

Task 1

A row has four rules labeled from top to bottom: ascender, midline, baseline, descender. A writer places the letter o so it touches the baseline and reaches the midline. Which two roles does this placement use?

Task 2

In a hypothetical row, baseline-to-midline is 5 mm and baseline-to-ascender is 10 mm. A tall letter reaches 8 mm above the baseline. Is it at the ascender line?

Task 3

A writer completes 8 descending letters. Five tails cross below the baseline and three stop at the baseline. How many need correction, and which rule should be checked?

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Original tasks 4 / blank responses

Task 4

A model row is labeled ascender, midline, baseline, descender. A practice row has the same four rules but no labels. Describe one checkable way to confirm the practice row matches the model row.