Four-Ruled Writing Pages: Guide Lines for Ascenders, X-Height, Baseline, and Descenders

Four-line row: ascender, midline, baseline, descender



Labeled model row. Hypothetical 12/6/4 mm spacing; measure actual paper and tool before ruling.

Four-Ruled Writing Pages: Guide Lines for Ascenders, X-Height, Baseline, and Descenders

Model row above blank four-line practice rows



Model row plus blank practice rows. Hypothetical 12/6/4 mm spacing; measure actual paper and tool first.