Custom Handwriting Sentence Sheets: Ruling Controls and Practice Design

Worked example / complete source key

A learner writes the sentence 'The quick brown fox jumps over the lazy dog.' Plan a sheet with a hypothetical 5 mm x-height, 15 mm blocks, and 180 mm usable page height. Estimate characters per line at 30 and decide how many blocks are needed.

Answer: The sentence has 44 characters including spaces. At 30 characters per line, it wraps to 2 lines, so 2 blocks are needed. With 15 mm blocks and 180 mm usable height, 12 blocks fit, so the sentence fits easily on one page. Check that ascenders in 'Th', 'k', 'b', 'f', 'j', and 'd' reach the ascender line and that descenders in 'q', 'j', 'p', and 'y' stay above the next block.