How to Teach Handwriting to Kids: A Lesson Sequence with Practice Rows

Three-line handwriting guide: top, midline, baseline



x-height = baseline to midline (4 mm). Tall letters reach top line (12 mm). Descenders 8 mm below baseline. Slant 0 (vertical).

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Pinch grip: hypothetical 2–3 cm distance (example, not a standard)

Measurement form only; the hand/pencil picture is not implemented as an illustration. The 2–3 cm is labeled hypothetical.

Pinch distance from pencil tip (cm) (cm)	

Child hand size note	

Adjusted pinch distance (cm) (cm)	