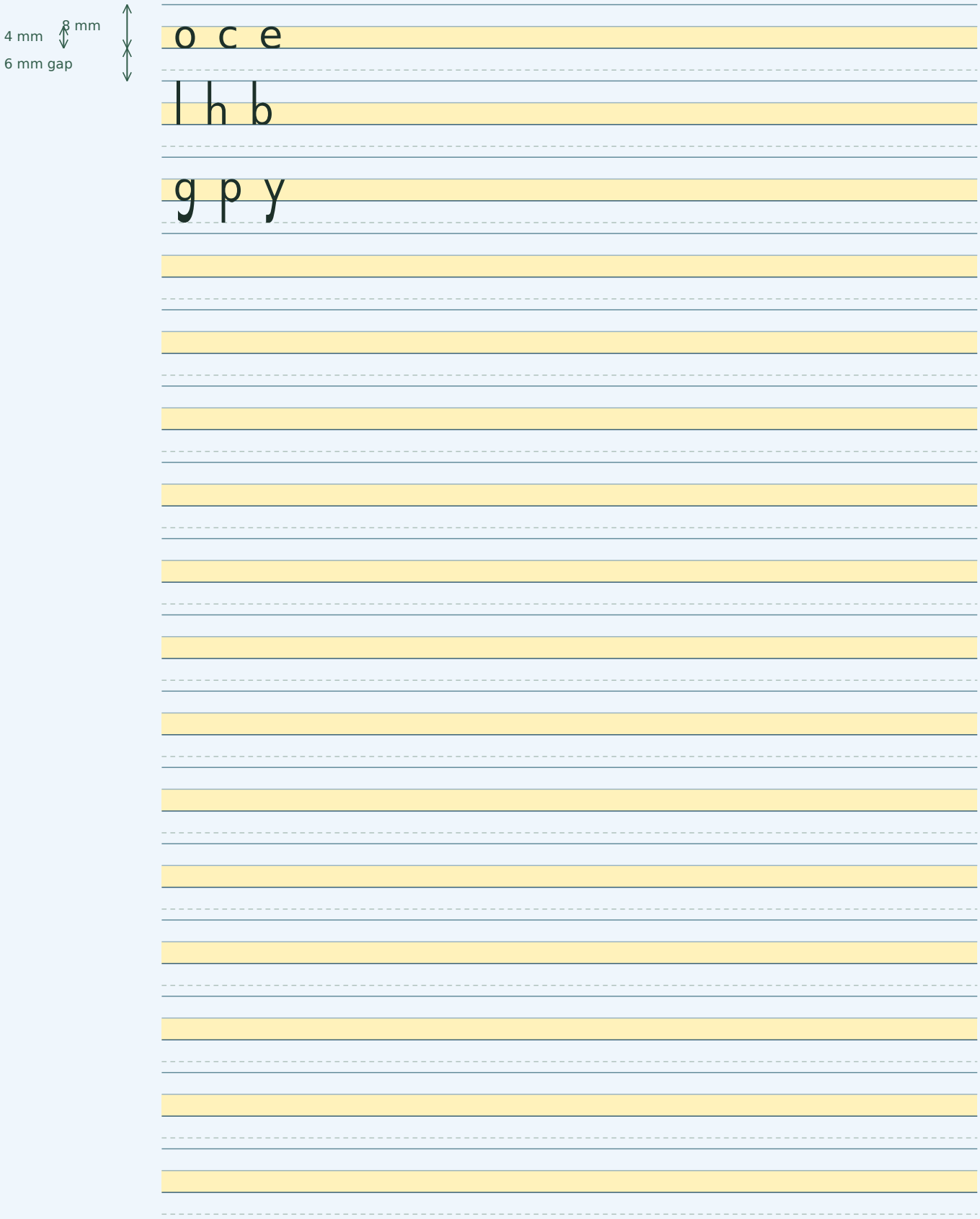
Narrow Blue and Yellow Highlighter-Ruled Writing Sheets: A Practical Guide

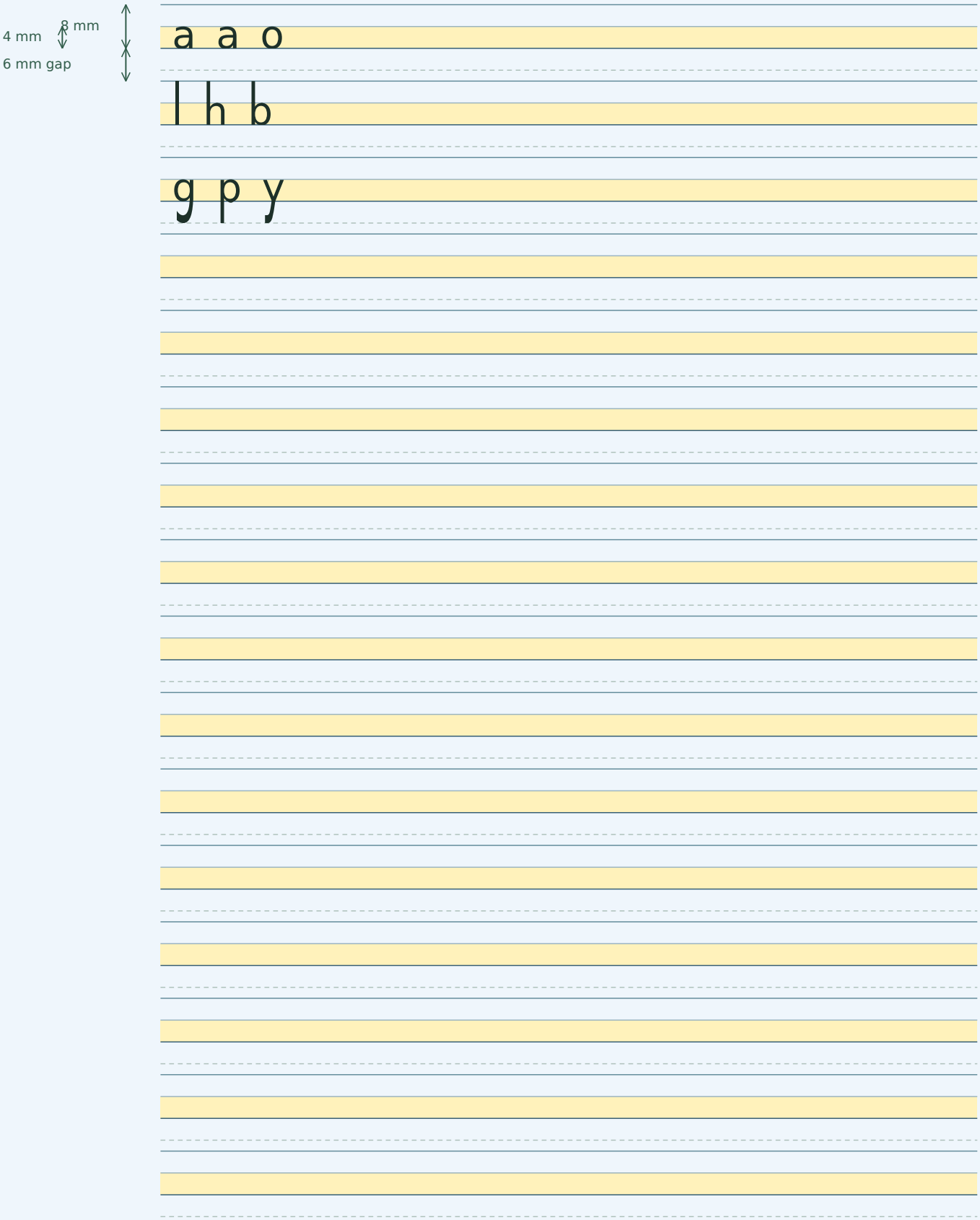
Band convention diagram: baseline, midline, ascender line, blue x-height band, yellow ascender band



Reference diagram: blue band = baseline to midline (x-height); yellow band = midline to ascender line. Hypothetical 4 mm + 4 mm; measure actual paper and highlighter.

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Valid alternative letterforms placed within the same zones



Reference diagram: alternative letterforms (rounded/angular, single/double-storey) are valid when x-height body stays in blue band and ascenders reach yellow band. Hypothetical 4 mm + 4 mm.

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Worked example: four rows with 4 mm blue and 4 mm yellow bands, 5 mm gaps

Hypothetical values from the source worked example; measure actual paper and printer output.

Prompt: A learner plans four practice rows. Each row has a hypothetical blue band of 4 mm and yellow band of 4 mm, with 5 mm gaps between rows. What is the total height of the four rows plus gaps?

Answer: Each row is 4 mm + 4 mm = 8 mm. Four rows give 32 mm. Three gaps at 5 mm give 15 mm. Total height is 32 mm + 15 mm = 47 mm.