Running Drawing: Build Stride and Arm-Swing with Simple Construction

Original tasks 1, 2 / independent work

Task 1

A figure faces right. The front foot is at lower right and the rear foot at lower left. The forward hand is drawn on the same side as the front foot. Using the opposite-phase rule, describe the correction and state one check.

Task 2

A torso block is drawn vertically with its base at the hip projection. The stride line slopes upward to the right. Describe how to adjust the torso for a running read, and give a hypothetical lean value.

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Original tasks 3, 4 / independent work

Task 3

The rear leg is perfectly straight and the front knee is locked. The stride line is correct. Describe two changes that make the stride read as running, and state how to check leg length consistency.

Task 4

A running figure faces left. The stride line runs from rear contact at lower right to front contact at lower left. The forward arm is drawn at chin height and overlaps the head. Describe the correction and one readability check.