Gesture and Contour Figure Drawing: Timed Practice with Six Poses

Original tasks 1, 2 / independent work

Task 1

Pose A: a seated figure with both feet on the floor, torso upright, right hand resting on the right knee, left hand lifted near the shoulder. Draw a 30-second gesture using the defined convention.

Task 2

Pose B: a figure kneeling on the right knee, left foot forward, torso twisted to the left, both arms reaching left. Draw a 2-minute gesture with simple masses for torso, head, and limbs.

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Original tasks 3, 4 / independent work

Task 3

Pose C: a figure standing with weight on the left leg, right leg relaxed and slightly bent, left arm across the chest, right arm behind the back. Describe a 5-minute contour study: name two visible edges to trace and one hidden edge to leave out.

Task 4

Pose D: a figure leaning forward from the hips, both hands on a low support, both feet planted. Draw a 30-second gesture, then state one correction you would make in a second pass.