Draw a Kneeling Person: Knee Contact, Torso Alignment, and Weight

Ordinary topic reference / separately checked pixels



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Original worked example / unchanged complete key

Prompt: Draw a kneeling person with the right knee on the ground, the left foot forward, and the left hand raised. Use a ground line and a torso vertical guide.

Answer: Place the ground line low on the page. Mark the right knee contact on the ground and the left foot contact 4 head-height units to the right. Draw a flattened ellipse at the right knee. As a chosen example, place the right foot behind the grounded right knee, so the right shin angles back from knee to foot; this is one valid arrangement, and other kneeling arrangements are also acceptable. Place the right hip above the grounded right knee, then draw a vertical torso guide 4 head-height units up from that hip. Mark shoulders 2.5 head-height units wide, centered on the guide. Add the head oval above. Draw the right leg (grounded knee) with a firm contour from hip to grounded knee to the foot behind it, and draw the left leg forward with a lighter contour from hip to knee to foot. Draw the left arm from shoulder to elbow to raised hand, allowing the elbow to rise to about shoulder height or slightly above. If the raised hand pulls the torso off the guide, adjust the arm angle or shift the hip slightly away from the raised-hand side, toward the support side. Darken the right knee contact and add a shadow line. Check that the torso guide rises from the hip above the grounded knee and falls within the support base between the knee and foot contacts, and that the raised hand does not pull the shoulder line off the guide.