Draw a Relaxed Jogging Figure: Stride, Arm Swing, and Torso Lean

Ordinary topic reference / separately checked pixels



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Original worked example / unchanged complete key

Prompt: Draw a relaxed jogging figure facing right with the left leg forward. Use a moderate stride, opposite arm swing, and slight forward lean. Add two motion lines near the swing foot.

Answer: The figure shows the left leg forward with a bent knee and the left foot low, the right leg back with a bent knee, the right arm forward near chest height, the left arm back near the hip, a slight forward torso lean, head aligned, and two short motion lines behind the swing foot. The stride angle is moderate and the hands are loose.