Draw a Person Sitting in a Chair: Contact Points and Posture

Original tasks 1, 2, 3 / complete keys

Task 1

A figure sits on a stool with both feet on the floor and no backrest. Mark contacts and state the posture guide.

Answer: Contacts: S under the pelvis and F under each foot (three marks). No B mark. Posture guide: a vertical line from head through ribcage to pelvis, with the pelvis centered over the stool seat.

Reason: A stool has no backrest, so back contact is absent; the feet and seat carry the posture.

Check: Count three marks and confirm the posture guide passes near ear, shoulder, and hip on one side.

Task 2

A figure leans forward with elbows on knees and feet flat. Mark contacts and explain why the back contact is absent.

Answer: Contacts: S under the pelvis, F under each foot, and two elbow contacts on the knees. No B mark because the back is off the backrest. Posture guide tilts forward from head to pelvis.

Reason: Forward lean removes back contact and transfers support to seat, feet, and elbows.

Check: Verify the posture guide tilts in the same direction as the lean and that elbow marks touch the knees once.

Task 3

A figure sits with one foot flat and one foot lifted slightly off the floor. Mark contacts and note the contact count.

Answer: Contacts: S under the pelvis, B at the backrest, F under the flat foot, and no mark under the lifted foot. Count is three required marks.

Reason: A lifted foot has no floor contact, so it receives no F mark; the back contact explains the upright torso.

Check: Confirm the lifted foot is visibly above the floor line and that the count matches the marks drawn.

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Original tasks 4 / complete keys

Task 4

A figure sits upright but the back contact is low on the backrest. Describe how to adjust the posture guide and contact mark to show a slight forward lean.

Answer: Move the B mark lower or remove it, and tilt the posture guide forward by a small amount from head to pelvis. Keep S and both F marks unchanged.

Reason: Lower or absent back contact corresponds to less support behind the torso, which reads as a forward lean.

Check: Check that the guide tilts forward and that the B mark, if kept, sits lower than mid-backrest.

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Source rubric / reflection

- [ ] Chair frame is drawn before the figure and remains visible.
- [ ] Contact marks S, B, and F are labeled and each touches the chair or floor line once.
- [ ] Posture guide is a single continuous line connecting head, ribcage, and pelvis.
- [ ] Contact count matches the pose and any intentional differences are noted.
- [ ] Lettering, if used, sits between baseline and midline in any legible style.
- [ ] Proportions are internally consistent and any numerical values are labeled hypothetical.

Reflection: What did you check, what did you change, and what will you try next?