Draw a Seated Figure: Spine and Limb Alignment Guide

Ordinary topic reference / separately checked pixels



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Original worked example / unchanged complete key

Prompt: Draw a seated figure on a page with a seat line at 10 cm from the bottom and a midline. The figure faces forward, hands rest on knees, and the spine is gently curved. Use joint markers and tapered tubes.

Answer: Place the seat contact anchor on the midline at the seat line. Mark the skull base 12 cm above the seat contact and the mid-back halfway between. Draw one continuous gently curved spine line through the three anchors. Mark shoulders 2 cm left and right of the spine top, elbows 3 cm below shoulders, wrists 4 cm forward of elbows. Mark hips at the seat contact, knees 6 cm forward of hips, ankles 8 cm below knees. Connect markers with tapered tubes. Check: spine is continuous, knees are forward of hips, ankles are below knees, and all joint markers are visible.