Anime Pose Practice: Gesture Lines and Proportion Guides

Original task 1 / independent drawing and calculation

Task 1

A seated anime character leans forward with both hands on the knees. The head height is 2.5 cm. Using a hypothetical five-head-height seated proportion, describe where to place the chest, pelvis, and knees, and draw the gesture line.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

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Original task 2 / independent drawing and calculation

Task 2

A running anime character has one leg forward and one leg back. The head height is 3 cm. Using a hypothetical six-head-height standing ratio, place the chest, pelvis, and forward knee, and describe how the gesture line differs from a standing pose.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

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Original task 3 / independent drawing and calculation

Task 3

An anime character reaches upward with both arms. The head height is 2 cm. Using a hypothetical six-head-height ratio, place the chest and pelvis, and explain how to check arm length without a reference image.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

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Original task 4 / independent drawing and calculation

Task 4

Draw the same anime character in two poses on one page: one standing with weight on the right leg, one sitting with hands on knees. The head height is 2.5 cm. Describe how to keep proportion consistent across both poses.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Full drawing sheet / reusable blank workspace

Reusable full drawing sheet for Tasks 1 to 4. Print another copy when needed. Keep all original task measurements; if a task specifies larger paper, use that paper size.