Posture Drawing Practice: Reading Weight and Balance from a Pose Grid

Original task 1 / independent drawing and calculation

Task 1

A sitting silhouette has a seat base 60 mm wide and a balance line 12 mm right of the seat center. Redraw the pose and state the offset you measure.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

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Original task 2 / independent drawing and calculation

Task 2

A leaning silhouette has one foot as its base, 25 mm wide, and the balance line falls exactly on the outer edge of the foot. Redraw the pose and describe the weight shift.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Posture Drawing Practice: Reading Weight and Balance from a Pose Grid

Original task 3 / independent drawing and calculation

Task 3

Two standing silhouettes are side by side. One has a base 30 mm wide with a 4 mm offset; the other has a base 50 mm wide with a 20 mm offset. Which pose shows a larger weight shift, and by how much?

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Posture Drawing Practice: Reading Weight and Balance from a Pose Grid

Original task 4 / independent drawing and calculation

Task 4

A leaning pose uses a hand on a wall as part of its base. The foot base is 20 mm wide and the hand contact adds 30 mm to the base on one side. The balance line falls 10 mm inside the combined base from the hand side. Redraw the pose and mark the combined base.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

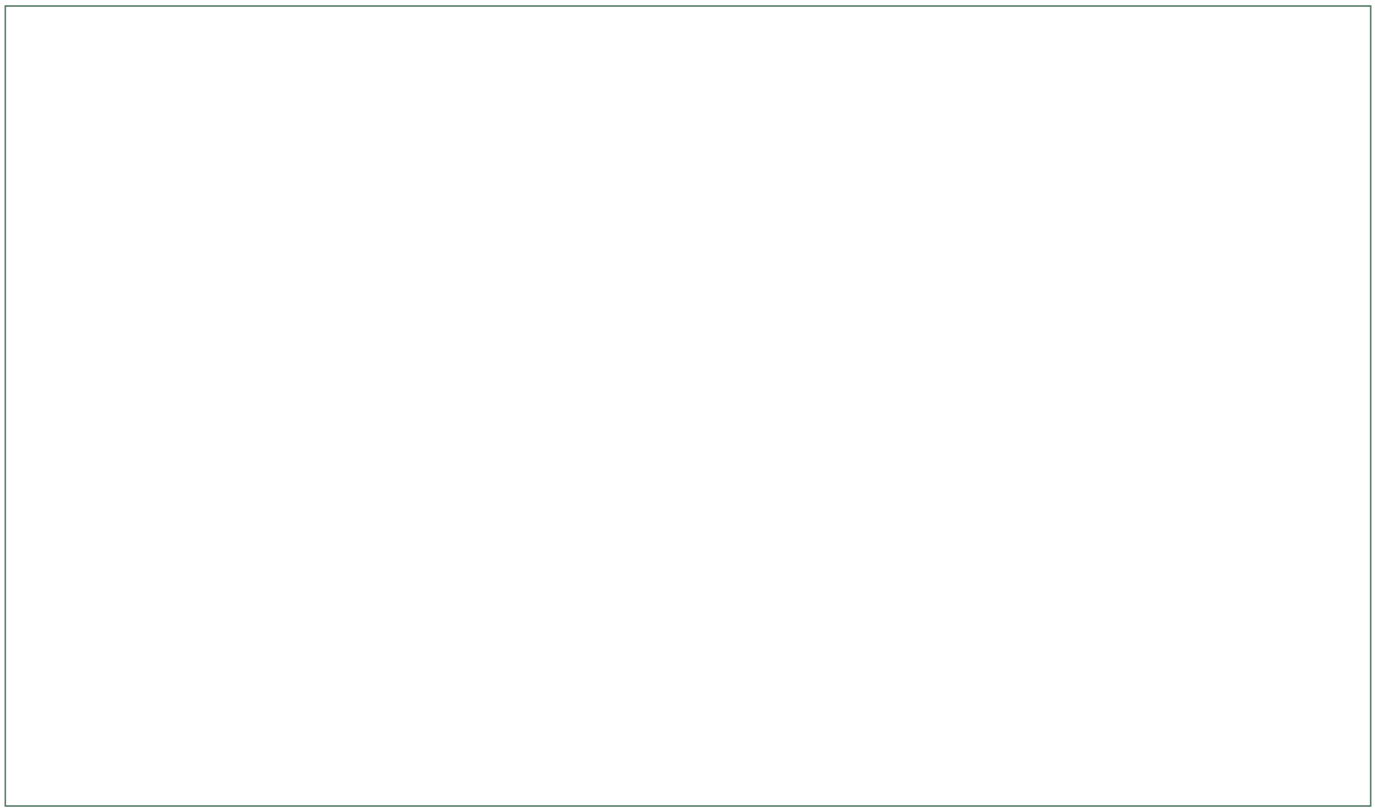
Full drawing sheet / reusable blank workspace

Reusable full drawing sheet for Tasks 1 to 4. Print another copy when needed. Keep all original task measurements; if a task specifies larger paper, use that paper size.

Task 1 / practice

Provided vertical guide / hypothetical drawing-span checks only

Construct and measure the original given pose. Draw the separate provided vertical guide and record the horizontal span and offset. Do not infer a real center of mass from the silhouette.



Measurements / explanation: _____

Check against the separate answer after your own construction.

Provided vertical guide / hypothetical drawing-span checks only

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Measurements / explanation: _____

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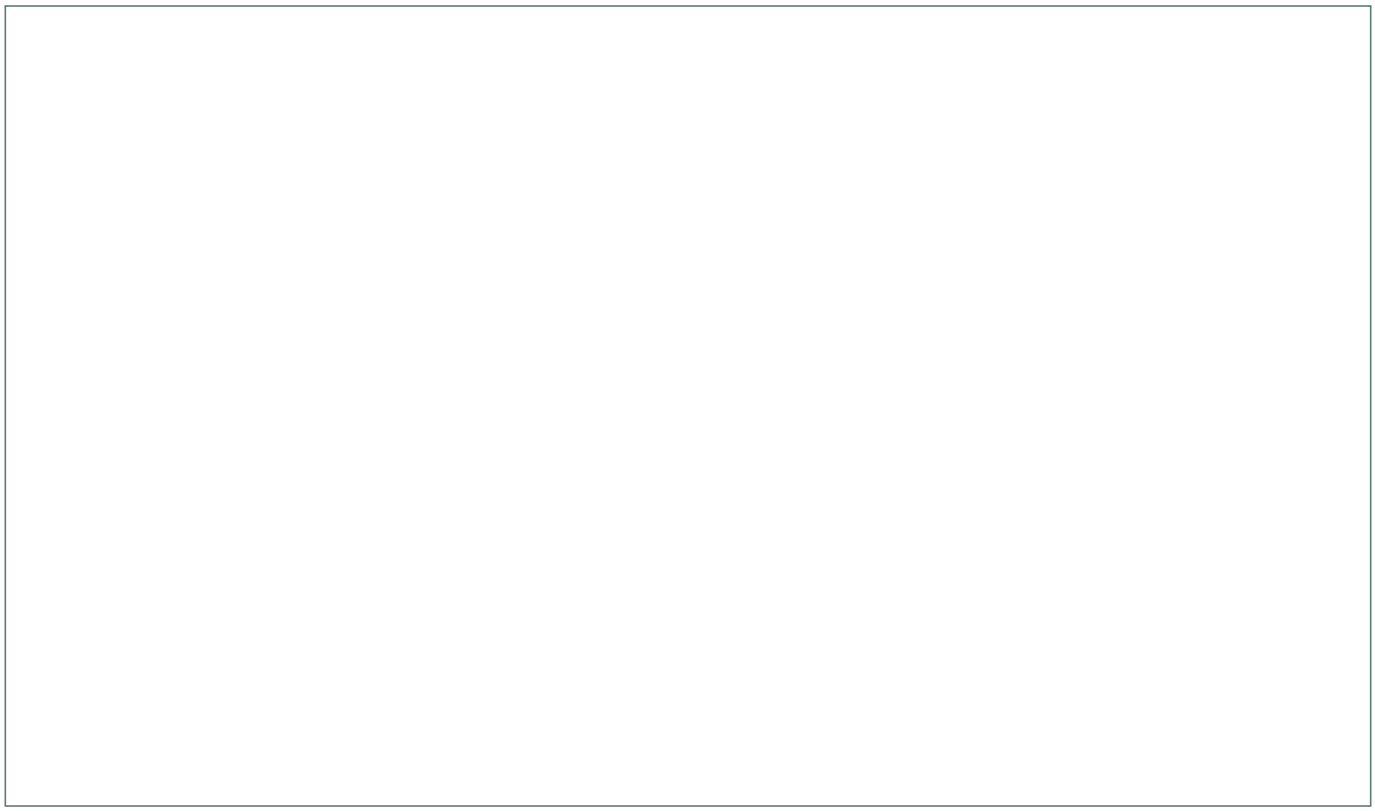
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Construct and measure the original given pose. Draw the separate provided vertical guide and record the horizontal span and offset. Do not infer a real center of mass from the silhouette.



Measurements / explanation: _____

Check against the separate answer after your own construction.