Action Pose Drawing: Motion Lines and Dynamic Balance

Ordinary topic reference / separately checked pixels



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Original worked example / unchanged complete key

Prompt: A running figure contacts the ground with the right foot. The COM is 2 cm ahead of the foot horizontally. The foot-length unit is 4 cm. Is the pose within the one-foot-length balance limit?

Answer: Yes. The offset is 2 cm, which is less than 4 cm (one foot-length). The pose is within the limit and reads as balanced forward drive.