Timed Life-Drawing Drills: Gesture, Blind Contour, Continuous Line

Original tasks 1, 2, 3 / complete keys

Task 1

Pose B: seated figure with crossed legs and twisted torso. Run a 30-second gesture. Describe the marks you would make and score time and process.

Answer: Marks: a curved spine line, a horizontal line for crossed legs, a short line for twisted shoulder. Score time 3 if timer used fully; process 3 if whole figure marked before stopping.

Reason: Gesture prioritizes action and weight over detail. The twisted torso is shown by opposing shoulder and hip lines.

Check: Confirm timer was set to 30 seconds and stopped at time; check that spine, legs, and shoulders are marked.

Task 2

Pose C: reclining figure propped on one elbow. Run a 60-second blind contour. What is the main risk and how do you check process?

Answer: Main risk: looking at the page. Check: page was covered or turned away for the full 60 seconds; line is unbroken.

Reason: Blind contour trains observation without visual correction. The check is process-based, not shape-based.

Check: Verify cover was in place and timer used; inspect line for breaks.

Task 3

Pose D: standing figure with arms crossed. Run a 90-second continuous line. How do you confirm the line is continuous?

Answer: Confirm by tracing the line from start to finish without lifting the tool; the line may cross itself but must not break.

Reason: Continuous line means one unbroken mark. Crossing is allowed; lifting is not.

Check: Place finger at start and follow line to end; any gap means restart.

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Original tasks 4 / complete keys

Task 4

Pose E: seated figure leaning forward. Score a completed set of three drills using the rubric. What total suggests a productive session?

Answer: A total of 8–12 across four criteria suggests a productive session. Below 8 suggests adjusting time limits or pose choice.

Reason: The rubric measures process and capture, not realism. Totals guide practice focus.

Check: Add four scores; write one sentence on the lowest criterion.

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Source rubric / reflection

- [ ] Time adherence: 3 = full time used; 2 = partial; 1 = not used.
- [ ] Process adherence: 3 = drill rules followed; 2 = one lapse; 1 = multiple lapses.
- [ ] Pose capture: 3 = clear action and weight; 2 = partial; 1 = unclear.
- [ ] Line control: 3 = consistent and purposeful; 2 = uneven; 1 = erratic.

Reflection: What did you check, what did you change, and what will you try next?