Draw Walking Feet: Heel-Strike to Toe-Off Phases

Ordinary topic reference / separately checked pixels



Draw Walking Feet: Heel-Strike to Toe-Off Phases

Original worked example / unchanged complete key

Prompt: Draw a single heel-strike foot in side view on a ground line using a hypothetical 20-degree toe lift. Label the heel contact dot and the toe-lift angle.

Answer: A side-view foot outline with the heel dot on the ground line, the sole guide rising forward at 20 degrees, the toe tip at the guide's end, a rounded heel curve behind the dot, and a short top line to the ankle. Labels mark the heel contact and the 20-degree angle.

Reason: The heel dot fixes the only ground contact. The rising sole guide sets the toe lift. The heel curve and toe box complete a readable outline without extra detail.

Check: Confirm the heel dot touches the ground line, the toe tip is above it, and the labeled angle matches the drawn guide.