Chicken Jockey Pose Construction: Rider-and-Bird Alignment

Topic reference / ordinary illustration



Ordinary topic reference. Hypothetical dimensions in the four tasks are supplied in their own text; this illustration is not their measured answer.

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Worked example / complete source key

A rider guide has a 6 cm spine, hips at the bottom, and knees angled forward. The hips sit 1 cm behind the shoulders. The chicken guide has a seat zone 4 cm long and a grip zone 3 cm forward of the seat. The rider's arms reach 3 cm forward from the shoulders. Check whether the hands reach the grip zone and state one adjustment if not.

Answer: The grip zone is 3 cm forward of the seat, and the hips sit at the seat, so the grip zone is 3 cm forward of the hips. Because the hips are 1 cm behind the shoulders, the grip zone is 3 cm − 1 cm = 2 cm forward of the shoulders. The arms reach 3 cm, so the hands overshoot the grip zone by 1 cm. Adjustment: shorten the arm lines by 1 cm (to 2 cm), or move the grip zone 1 cm forward to 4 cm forward of the seat, which puts it 3 cm forward of the shoulders and matches the 3 cm arm reach.