Stick Figure Drawing Exercises: Joint and Pose Practice

Original task 1 / independent drawing and calculation

Task 1

Draw a stick figure standing with both arms at the sides. Mark all joints and label the head diameter and total height using hypothetical values you choose. Describe the figure in words if you cannot draw it.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Stick Figure Drawing Exercises: Joint and Pose Practice

Original task 2 / independent drawing and calculation

Task 2

Draw a seated stick figure on a simple chair line. The hips are lower than the knees, and the elbows rest near the hips. Mark all joints and state one valid alternative for the arm position.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Stick Figure Drawing Exercises: Joint and Pose Practice

Original task 3 / independent drawing and calculation

Task 3

Create a two-box pose sequence: box one shows a figure with the right knee lifted, box two shows the same figure with the right knee lowered. Keep the head size and spine length identical. Label the knee angle in each box as a hypothetical example.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Stick Figure Drawing Exercises: Joint and Pose Practice

Original task 4 / independent drawing and calculation

Task 4

Trace a simple plate you have drawn yourself: trace only the joint dots and spine onto a fresh sheet, then complete the limbs. Compare your completed figure to the original and list any joint displaced by more than one dot diameter.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Full drawing sheet / reusable blank workspace

Reusable full drawing sheet for Tasks 1 to 4. Print another copy when needed. Keep all original task measurements; if a task specifies larger paper, use that paper size.