Draw a Push-Up Pose Using Arm and Torso Landmarks

Original task 1 / independent drawing and calculation

Task 1

A side-view reference gives torso 1.0 unit, upper arm 0.50 unit, forearm 0.45 unit, and elbow angle 85 degrees. Place the landmarks and describe the elbow check.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Draw a Push-Up Pose Using Arm and Torso Landmarks

Original task 2 / independent drawing and calculation

Task 2

A three-quarter reference shows an apparent torso length of 0.80 unit, upper arm 0.40 unit, and forearm 0.35 unit. The shoulder angle between torso and upper arm is 40 degrees. Place the landmarks and state one consistency check.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Draw a Push-Up Pose Using Arm and Torso Landmarks

Original task 3 / independent drawing and calculation

Task 3

A side-view sketch has the shoulder and knee landmarks placed, with a guide line running from the shoulder toward the knee. The hip landmark sits 0.15 unit above that guide line. The elbow angle is 100 degrees. Describe how to correct the torso line and what to record.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Draw a Push-Up Pose Using Arm and Torso Landmarks

Original task 4 / independent drawing and calculation

Task 4

A reference shows torso 1.0 unit, upper arm 0.45 unit, forearm 0.40 unit, and elbow angle 90 degrees. After outlining, the elbow bend is hidden by the torso outline. State the fix and the check.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Full drawing sheet / reusable blank workspace

Reusable full drawing sheet for Tasks 1 to 4. Print another copy when needed. Keep all original task measurements; if a task specifies larger paper, use that paper size.