Draw Kickboxing Poses with Motion Lines: A Sequence Guide

Ordinary topic reference / separately checked pixels



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Original worked example / unchanged complete key

Prompt: Draw a three-pose kickboxing sequence: guard, chamber, extension. Add motion lines for the kicking foot and label the direction. Use four boxes of 6 cm width with 1 cm gaps and state the total row width.

Answer: The row has three used boxes and one empty box for notes. Total width is $4 \times 6 + 3 \times 1 = 27$ cm. Box one shows guard with both hands near the face and feet apart. Box two shows the right knee lifted, heel back, with two thin arcs behind the right foot moving forward and a small arrow pointing forward. Box three shows the right leg extended forward, torso leaning slightly back, with three thin arcs behind the foot and an arrow pointing forward. The planted left foot has no motion lines. A ground line runs across all boxes, and the planted foot touches it in every pose.