Draw a Bear Crawl Exercise Figure with Limb Angles

Original task 1 / independent drawing and calculation

Task 1

Draw a stick-figure bear crawl with a 12 cm torso and 8 cm limb segments. Label the shoulder angle as 90 degrees and the knee angle as 110 degrees. State the knee gap above the floor.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

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Original task 2 / independent drawing and calculation

Task 2

A drawing shows a hip angle labeled 100 degrees but the drawn arc measures 85 degrees. What should you change, and why?

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Draw a Bear Crawl Exercise Figure with Limb Angles

Original task 3 / independent drawing and calculation

Task 3

Draw a bear-crawl figure in a blank panel with no scaffold lines. Use a 10 cm baseline-to-midline distance and label all four joint angles. Note one valid alternative you chose.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Draw a Bear Crawl Exercise Figure with Limb Angles

Original task 4 / independent drawing and calculation

Task 4

Your figure has a shoulder angle of 90 degrees and an elbow angle of 120 degrees. The upper arm is 6 cm and the forearm is 6 cm. Estimate the wrist position relative to the shoulder and state one check.

Keep the original task measurements. Use the full drawing sheet in this PDF for a response needing more room; use the stated paper size when a task specifies larger paper.

Full drawing sheet / reusable blank workspace

Reusable full drawing sheet for Tasks 1 to 4. Print another copy when needed. Keep all original task measurements; if a task specifies larger paper, use that paper size.