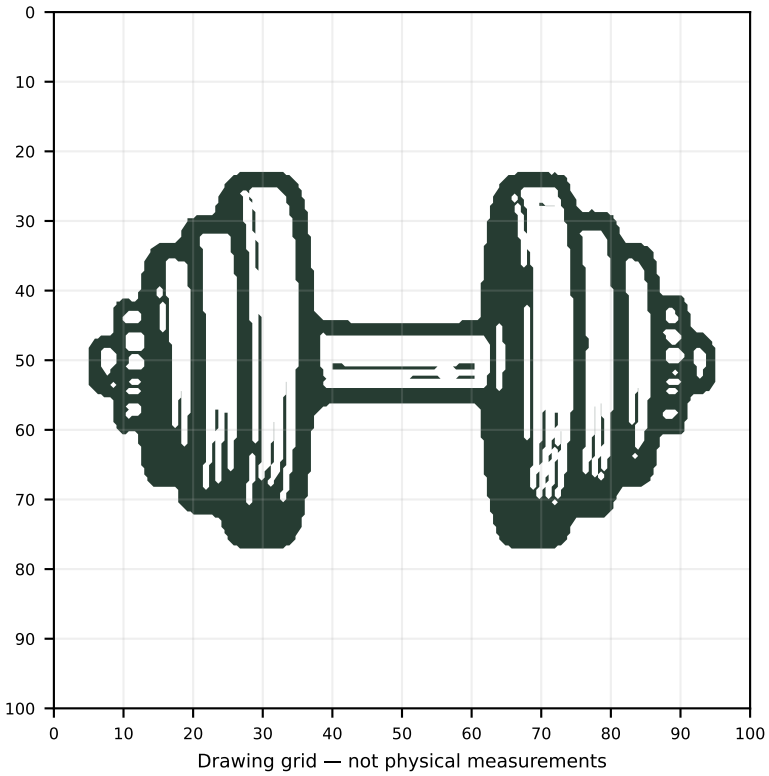
How to Draw Dumbbell — Free Practice Sheets

ANSWER / CASE 1

dumbbell: Trace the reference outline, then practise the contour independently. Compare with the separate full reference sheet.

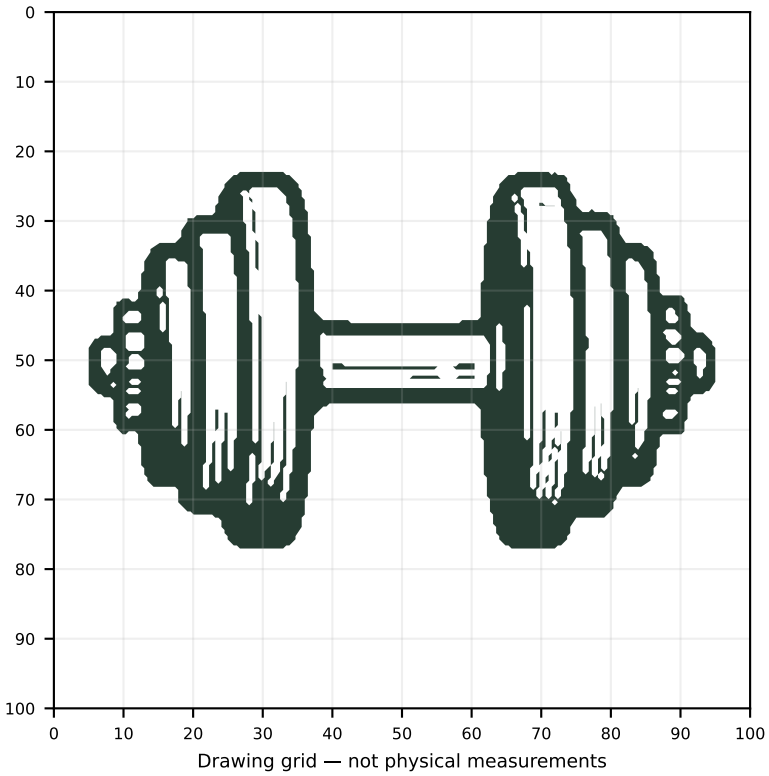


ANSWER: Example solution: preserve Two symmetrical weighted ends made of stacked circular plates, A straight horizontal connecting bar between the weights, Small end caps/bolts on the outer sides of each weight stack. Other drawings can be correct; assess the visible features and proportions rather than pixel-perfect matching.
1. Draw a horizontal rectangle for the central handle bar.
2. On each end of the bar, draw a series of nested, slightly offset vertical ovals/rectangles to represent stacked weight plates.
3. Add a small rounded cap or bolt shape at the outermost edge of each weight stack.
4. Outline the entire shape with bold lines and add simple curved shading lines on the plates for a 3D effect.

How to Draw Dumbbell — Free Practice Sheets

ANSWER / CASE 2

dumbbell: Copy the reference onto the blank grid, using matching grid intersections. Compare with the separate full reference sheet.

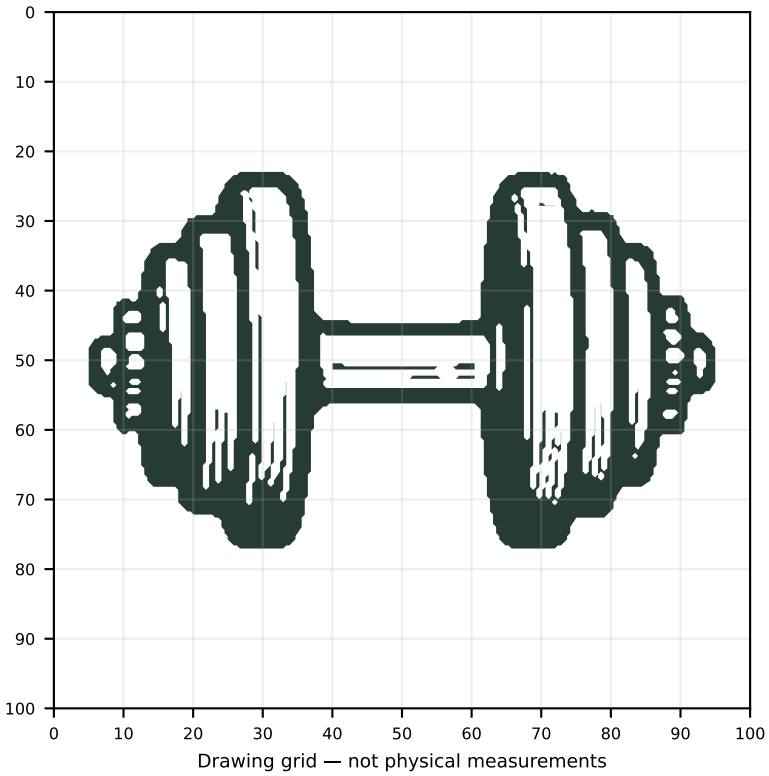


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How to Draw Dumbbell — Free Practice Sheets

ANSWER / CASE 3

dumbbell: Use the bounding frame and center guide to place the silhouette, then add the identifying details. Compare with the separate full reference sheet.

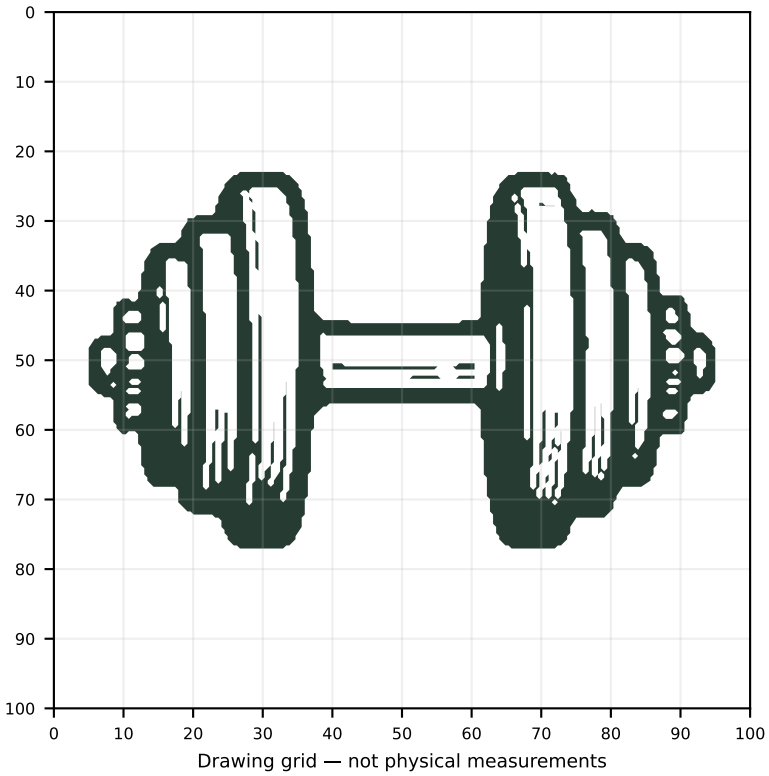


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How to Draw Dumbbell — Free Practice Sheets

ANSWER / CASE 4

dumbbell: Complete the blank right-hand portion using the full reference. Compare with the separate full reference sheet.



ANSWER: Example solution: preserve Two symmetrical weighted ends made of stacked circular plates, A straight horizontal connecting bar between the weights, Small end caps/bolts on the outer sides of each weight stack. Other drawings can be correct; assess the visible features and proportions rather than pixel-perfect matching.
1. Draw a horizontal rectangle for the central handle bar.
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